



## MANCHESTER DISTRICT OF CYCLING TIME TRIALS

ARE PROUD TO PRESENT

The

### **RTTC NATIONAL TEAM TIME TRIAL CHAMPIONSHIP**

Promoted for and behalf of Cycling Time Trials under its Rules and Regulations

SUNDAY 16<sup>TH</sup> JUNE 2019

START SHEET

Event Organiser	Mike Cotgreave 0161 485 7629 0794656 0820	8 Longham Close Bramhall Stockport SK7 3NL
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Headquarters: Cranage Village Hall

Knutsford Rd, Cranage, Crewe CW4 8EQ.

(Overnight parking is available if you have a campervan – no outside facilities)

**The H.Q will be open from 7.30 am**

So, welcome to Cheshire and the Manchester District of Cycling Time Trials – it's our pleasure to organise this event and thank you for entering what we hope will be a successful day for all concerned.

There are a few points that I would like you to read and please remember.....

1. Care at Road Junctions. Riders must exercise care at all junctions. Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action."

**And it's very important that you read this.....**

2. "Riders must exercise extreme caution when joining the A556 and be in single file. Proceed with caution keeping close to the verge. Any rider who joins the A556 in a manner which causes him/her to cross the dividing line of the two lane carriageway will be disqualified from the event and may be reported to the District Committee for disciplinary action."

This is junction number three, where the approach will be fast and you will be entering a dual carriageway.....so slow down!!

**What it really means is, please slow down and keep well into the left when entering the A556**

3. The first motorway bridge has a rough surface so please take care.
4. Any rider who has not personally signed out will be deemed to have not finished the event.  
**But you can *keep your number* and do *pick up a 'memento' mug*.**

That's the "T& Cs" so have a great ride. Oh, and *pppplease*, no papers, packaging or *ppppeeing* on the course.

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***The winners in both Men's and Ladies' Categories will receive Winners Jerseys provided by:***



***There will also be additional prizes.***

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***The timekeepers are: Tony Millington-Martin Jackson-Ian Ross-Graham Lawrence-Phil Heaton and Bob Norton***

**START Two Miles from HQ– At yellow surveyors disc in Middlewich Rd Cranage –**

**(This road will be closed except to residents and emergency traffic.)**

**Start approx. 50 yards (45m) after junction of Kings Lane & opposite 1st gate post into field on right**

**- Proceed to:-**

**A50 Cranage.**

**0.221 miles... 0.36K**

Turn left and next left at:

**Northwich Rd**

**0.727 miles... 1.17K**

Proceed along the B5082 and continue to the junction of the:-

**A556**

**4.913miles... 7.91K**

Turn left and left again at King St Island and proceed down King St to:-

**T/Lights at Centurion Way**

**8.669 miles... 13.96K**

Where turn left in filter lane (give way), then left at next island, then turn next left into:-.

**B5081 Byley Road**

**9.230 miles... 14.86K**

Continue down B5081 to end of lane and at give way turn left (watch for riders coming from right) at:-

**3 Greyhounds Public House**

**12.158 miles...19.57K**

Repeat circuit to A556, King Street, Centurion Way, B5081 & turn left at:-

**3 Greyhounds Public House**

**22.373 miles...36.01K**

Continue along B5082 and proceed to the junction of the:-

**A556**

**25.343 miles...40.79K**

Turn left and left again at King St Island and proceed down King St to:-

**T/Lights at Centurion Way**

**29.099 miles...46.83K**

Where turn left in filter lane (give way), then left at next island, then turn left into:-.

**B5081 Byley Road**

**29.660 miles...47.73K**

Continue along B5081 to:-

**Finish**

On B5081 at middle of manhole cover immediately after right turn to Coates Ind. Est. at end of Byley Straight.

**30.909 miles...49.74K**

**Finish is approx. 3 miles from HQ but please be aware of riders still on the course when returning to Cranage Village Hall.**

**Notes:**

**NO parking at start or finish other than timekeepers' vehicles, no matter how brief.**

**Special care to be taken at junctions of the A556 dual carriageway and at 3 Greyhounds corner where later starting teams may be approaching from the right. .**

*Two members of the Bike Marshals Group will be present. They use large capacity motorbikes, with hi viz livery and flashing beacons which gives a 'presence' on the road & although they have no power to stop traffic are able to influence the behaviour of other road users. They are trained in first aid/trauma care and carry first aid equipment and also have radio communication with other 'motos' and the event organiser.*

